

**PKIDs China Infectious Disease Prevention Manual
for those working in the field of healthcare
Standard Precaution Guidelines
for Healthcare Workers**

To reduce the risk of disease transmission in the healthcare setting, follow these Standard precautions recommendations from the **World Health Organization...**

*Each time healthcare workers wash their hands between patients, they should also disinfect thermometers and **stethoscopes** they have used to examine each patient.*

To disinfect thermometers and stethoscopes with alcohol:

1. Use rubbing alcohol (70 percent isopropyl).
2. Place the alcohol in a covered container and put it in the patient's room. Change the alcohol at least once a week.
3. Use a clean cloth or paper towel and dip it in the alcohol solution. Never dip a soiled cloth back into the alcohol.
4. Carefully wipe the thermometer with the alcohol solution and hold the cloth around it for 30 seconds. Discard the cloth. Let the thermometer air dry.
5. Use another clean cloth and dip it in the alcohol solution.
6. Carefully wipe the metal part of the stethoscope and hold the cloth against the surface for 30 seconds. Let it air dry.
7. Discard the cloth in the laundry container. Discard paper towels in the bucket for waste to be burned.

Nobody has time for this... StethoCLEAN is much easier and more efficient!